

check it out!



A Predeployment Checklist for Singles

A successful deployment can depend on how well you prepare.
This checklist has been developed to help you. Check items when completed.

Financial Preparation

- ☐ Bill payment plan
- ☐ Allotment(s) setup
- ☐ Savings account setup
- ☐ Financial goals (long-and short-term)

Personal Preparation

- ☐ Family members know how to access Red Cross
- ☐ Family members have command address
- ☐ Family members know how and what to send in a Care Package
- ☐ Liberty clothes (Check command policy)
- ☐ Personal items: toiletries, contact lens solution, books, magazines, camera/batteries, music, etc.
- ☐ Writing materials
- ☐ Uniforms: working, dress
- ☐ Pace courses
- ☐ Correspondence courses

Practical Preparation

- ☐ Updated Page 2
- ☐ Updated SGLI
- ☐ Power of Attorney
- ☐ Will
- ☐ Vehicle storage
 - Norfolk 445-1492
 - Little Creek 462-7140
 - Oceana 433-3403
- ☐ Car insurance
- ☐ Apartment lease, renter's insurance

Phone Numbers

Command _____
Careline _____
Ombudsman/Key Spouse
Name _____
Phone number _____
Command Email _____

Fleet & Family Support Centers of Hampton Roads, Virginia
Little Creek 462-7563
Norfolk 444-2102
Portsmouth 396-1255
Northwest 421-8770
Oceana 433-2912
Dam Neck 492-7150
Yorktown 887-4606
Newport News 688-NAVY
24 Hours 444-NAVY or 1-800-FSC-LINE